

Summer/Autumn 2021

Kinsale Infant

Week One Dates – 12/04, 03/05, 24/05, 07/06, 28/06, 19/07, 06/09, 27/09, 18/10

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chipolatas, Mash & Gravy	Chicken Casserole & Fresh Potatoes	Roast Gammon with Roast Potatoes & Gravy	Beef & Onion Pie with Mash & Gravy	Fish Fingers & Chips
Vegetarian Main Meal	Veggie Mince Bolognese Pasta	Cheesy Margherita Pizza	Chickpea & Lentil Roast with Roast Potatoes & Gravy	Mac n Cheese	Vegetable Curry & Wholegrain Rice
Vegetable Selection	Mixed Vegetables	Broccoli or Coleslaw	Carrot & Sweetcorn Mix	Green Beans or Mixed Peppers	Garden Peas & Baked Beans
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Ginger Cake	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Chocolate Sponge & Chocolate Sauce	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Shortbread

Week Two Dates - 19/04, 10/05, 14/06, 05/07, 13/09, 04/10

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Brown Rice & Naan Bread Finger	Roast Turkey with Roast Potatoes, Stuffing & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers & New Potatoes
Vegetarian Main Meal	Wholemeal Cheese & Tomato Pizza Slice	Tomato & Basil Pasta	Chickpea & Lentil Roast with Roast Potatoes, Stuffing & Gravy	British Cheddar Quiche with Homemade Potato Wedges	Vegetable Sausage Fajita with New Potatoes
Vegetable Selection	Garden Peas or Fresh Salad	Carrots & Green Bean Mix	Cauliflower & Broccoli Mix	Mixed Pepper & Sweetcorn Mix	Garden Peas & Baked Beans
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Hot Chocolate Fudge Cake & Custard	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Shortbread	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Ginger & Mandarin Traybake

Week Three Dates – 26/04, 17/05, 21/06, 12/07, 20/09, 11/10

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Burger in a Bun with Homemade Wedges	Cottage Pie	Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	Fish Fingers & Wedges
Vegetarian Main Meal	Veggie Mince Chilli with Wholegrain Rice	Cheesy Margherita Pizza	Chickpea & Lentil Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Enchilada & Wedges
Vegetable Selection	Sweetcorn & Carrots	Broccoli or Fresh Salad	Cauliflower & Garden Peas	Carrot & Green Bean Mix	Garden Peas & Baked Beans
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Apple Crumble & Custard	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Chocolate Crunch & Custard	Homemade Yoghurt, Sugar Reduced Jelly or Fresh Fruit	Crunchy Biscuit & Apple Slices

Fresh Bread, Salad Bar, Fresh Fruit and Homemade Yoghurt Available Daily